



Broadening our understanding of the many different cultures represented at RNDC and Young's Market Company can lead to an authentic appreciation for our colleagues, communities, and customers. This month, we proudly continue the tradition of celebrating the diverse heritages of our associates in an effort to create greater awareness and build inclusive excellence into our DNA

Name: Tiffany Ly

Title: Director, Express Stores

Location/Business Unit: Tustin, CA/Express Stores

Date of Hire: February 2008



Why is Asian American and Pacific Islander Heritage Month important to you?

My parents were originally from Vietnam and came to the United States as refugees. My father was a POW and war veteran. My parents faced many challenges when they arrived. They were apprehensive about an uncertain future but felt extremely grateful to start their new life in America. By learning and understanding my parents' struggles and sacrifices, they inspired me to try my best at whatever I'm working on every day. Asian American and Pacific Islander Heritage Month to me is a celebration of everyday heroes like my father, mother, and other Americans.

What would you like the RNDC/Young's family to know about you? Briefly tell us your story – personal and/or professional. What makes you uniquely you?

I'm the oldest of three siblings. My brother is a psychologist at Metropolitan State Hospital. My sister is an undergraduate of UCLA College of Life Sciences. My fiancée and I are avid animal lovers. We are pet parents to five rescue pets.

I have been with Young's Market Company over 12 years in various positions. The company persevered through many challenges, so I know we will succeed in overcoming the recent crisis. I'm proud and honored to work alongside my Express Store team in the past weeks and in the weeks to come of being in the frontline and continue to service our accounts during this turbulent period.

What are some of your family traditions that celebrate your heritage? What makes them important to you?

Sunday get-togethers have been our family tradition for decades. The value of family's meals is very much appreciated as mealtime has been a time for our family togetherness.

The meal is simply not lunch or dinner, it's the family connection we shared together to express our feeling, sympathy, sharing and caring for one another.

Tell us about your favorite food or meal that represents your heritage and/or culture.

Bánh xèo is Vietnamese sizzling pancake/crepes. It's made of rice flour, water and turmeric powder stuffed with pork, shrimp, mung bean, and bean sprouts. The savory dish is paired with fresh lettuce, herbs, and salty, sweet, and spicy dipping sauce.

What is your favorite adult beverage?

One of my favorite beverages of all time is relaxing with a glass of Ménage à Trois California Red.

